

# Glossary And Index

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## Glossary

**advocacy** helping people to get the services they need

**CPR (cardio-pulmonary resuscitation)** getting the heart and lungs working again after someone has stopped breathing

**Cesarean delivery** surgery to deliver a baby

**child development** how a child grows and changes

**childproof** to make a place safe for young children

**chronic** lasting for a long time

**circumcision** surgical removal of skin from the tip of the penis

**colostrum** special breastmilk a mother makes for the first 2-3 days after childbirth

**community health center** a health center that provides primary care services

**confidential** keeping information private and not sharing it without permission

**constipation** when bowel movements are very hard and do not come regularly

**contagious** when a disease is spread from one person to another by direct or indirect contact

**convulsions** uncontrollable shaking or stiffness of the muscles

**dehydrated** when the body does not have enough fluid; often caused by diarrhea or vomiting

**eligible** meeting certain requirements for receiving services

**fluoride** element needed in small amounts to prevent tooth decay; often added to water supply

**health insurance** a plan that helps pay for health care

**immunization** medicine given to protect your child from getting certain diseases

**infection** an illness or condition caused by germs

**jaundice** a problem caused by the liver not working right, and the skin and white part of the eyes look yellow

**lead poisoning** when a person eats, drinks, or breathes in too much lead

**parenting education** classes for learning how to take care of and understand your child

**postpartum** the time after the birth of a baby

**premature** when a baby is born 3 or more weeks before the due date

**primary care** the regular health care your child gets from a doctor or nurse, such as immunizations, tests, treatments, and referrals

**rectal** in the opening between the buttocks

**referral** information and recommendation for services

**reflexes** an inborn response to something

**SIDS (Sudden Infant Death Syndrome)** the unexplained death of a healthy baby

**screening** testing for possible problems

**separation anxiety** a feeling of being scared or anxious when a parent or regular caregiver leaves

**temperament** personality, such as shy, happy, or easy-going

**tuberculosis** a disease of the lungs that can be spread from one person to another

**well-child visit** regular visits to the doctor or nurse when your child is healthy to prevent problems or treat them right away



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## ACKNOWLEDGMENTS

**The Commonwealth of Massachusetts**  
**Executive Office of Health and Human Services**  
**Mitt Romney, Governor**  
**Kerry Healey, Lieutenant Governor**  
**Timothy R. Murphy, Secretary**

**Massachusetts Department of Public Health**  
Paul J. Cote Jr., Commissioner  
Sally Fogerty, Associate Commissioner, Center for Community Health  
Ron Benham, Director, Division for Perinatal, Early Childhood, and Special Health Care Needs  
Rebecca Feinstein Winitzer, 2006 Managing Editor  
Gail Ballester and Steve Shuman, Original Managing Editors

*We would like to acknowledge the help and guidance of many people who contributed their time and energy in the creation of this document. These include colleagues at the Massachusetts Department of Public Health, organizations, and individuals:*

Richard Adams, MD; Carole Allen, MD; American Academy of Pediatrics, Massachusetts Chapter; Johnye Ballenger, MD; Suzanne Baroni, Spanish Language Consultant; Suzin Bartley, Children's Trust Fund; Cynthia Bell, Parents' and Children's Services; Blanca Bonilla, Parenting Partners Program; Paula Wright Boulanger, MD; T. Berry Brazelton, MD; Joseph Carillo, MD; Beth Cassidy, RN, Massachusetts Division of Medical Assistance; Castle Square Child Development Center, Associated Day Care Services of Greater Boston; Wilma Colón, Spanish Language Editor; Comprehensive School-Age Parenting Program, West Roxbury High School; Sheilah Dooley, RN, BSN, Pernet Family Health Services; Frank Emerling, MD; Emily Feinberg, ScD, CPNP, Boston Medical Center; Kui-Tzu Feng; Glenn Flores, MD; Debra Garsky, MD; Gilday Daycare Center, Associated Day Care Services of Greater Boston; Jenifer Goldman-Fraser, Boston University School of Public Health; Amy Gonroff, MD; Irma Gotay, Family TIES; Cheryl Gracek, Health Care For All; Family TIES, Worcester; Muddana Haribabu, MD; Peg Harrington, National Immunization Program; Susie Hart-Walker; Howard Hiatt, MD; Debbie Holmes, LPN, University of Massachusetts Medical Center; Howard King, MD; Colleen Kochman, NP; Alan Krumholz, MD; Elizabeth Leutz, Thom Clinic Early Intervention Programs; Maria Lobel, Spanish American Union; Jeff Lukas, MD; Shireen Madan, MD; Donette Madrety; Massachusetts Healthy Start Program, the WIC Division; Massachusetts Grandparent Support Network, Executive Office of Elder Affairs; Patricia McKenna, March of Dimes Massachusetts Chapter; Linda McKibben, MD; Michael Monopoli, DDS; Sharon Muret-Wagstaff, Brazelton Center; David Norton, MD; Sean Palfrey, MD; Mary Parr, MD; Sahdev Passey, MD; Susan Plummer, NP, Worcester Family Health and



Social Services; Barbara Popper, Federation for Children with Special Needs; Peter Rappo, MD; Richard Ringel, MD; Carl Rosenbloom, MD; Karen Sadler, MD; Lorraine Samuel, RN, Education Development Center; Tricia Sarvela, Spanish American Union; Paul Schreiber, MD; Yvette Scott; Sharon Shay, Family Nurturing Center; Amy Slutzky, OT; Howard Spivak, MD; Joyce Strom, Massachusetts Society for the Prevention of Cruelty to Children; Shereen Tyrrell, Children's Trust Fund; Patricio Vives, MD; United Way of Massachusetts Bay Success By 6 Leadership Council; Mary-Ann Walsh, RN; Gloria White-Hammond, MD; Worcester Family Health and Social Service Center; Joe Wray, MD; Lynda Young, MD, Massachusetts Chapter of the American Academy of Pediatrics; Barry Zuckerman, MD.

*Growing Up Healthy* was prepared by The Medical Foundation. Translation by Cross Cultural Communication Systems, Inc. Printing by TransAmerica Printing Corp.



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Supported in part by funding from the Centers for Disease Control and Prevention, Public Health Preparedness and Emergency Response for Bioterrorism Grant; Massachusetts Department of Public Health; Center for Environmental Health's Lead Poisoning Prevention Health Education Trust Fund to enhance education and outreach efforts; Brigham and Women's Hospital.

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